

FINDING THE WAY HOME

by Laurie A. Monroe

Love can't be taught, can't be bought. Love can't be learned. It is generated within the individual in response to an external stimulus. The individual has no control over this generation. Once initiated, it may be layered over or sublimated but never destroyed. It will always be there, glowing quietly within you. Physical death has no effect upon the reality of its existence, as such energy is neither dependent upon nor a part of time/space. The most consistent and visible facet of this love energy is probably mother love." ~ Robert A. Monroe, Ultimate Journey.

December 27 was a quiet day. Lying in bed that morning, I was thinking about the day of my birth. My thoughts naturally turned to my mother, who was in the hospital in a coma. She had begun the dying process. I had been with her the day before while listening to the *Homecoming* exercise from *GOING HOME*®. In that other reality, we were running through a garden of many beautiful flowers—all in stunning colors. She was very young, almost childlike, and seemed very happy. I felt that same feeling when I woke from my light sleep that Sunday morning. It was a feeling of freedom, the lightness of a young child with no cares, no responsibilities, and no worries because everything is taken care of. It was wonderful to experience, even for a moment, and I gave thanks for the many times my mother had created that space for me in childhood.

I had visited my mother in the hospital on Christmas Day. She looked at me as if to tell me that I shouldn't be there. I repeated that Mother's dog, India, her most loved companion and friend, was fine and that she could visit India at will by simply thinking of her. I played *Higher*, one of our *METAMUSIC*® tapes, and spoke to her calmly and gently, telling her that she was free to go and do whatever she wanted. I know that she heard my voice as I continued my reassurances that loved ones and many others were there to help. Mother opened her eyes and looked to the ceiling as if she knew—as if she saw them—then closed her eyes again. I sensed the presence of many spirits in the room and understood that this process would not go on much longer. I lovingly asked for Divine Light to enfold her and aid her to release any fears restricting her from moving forward.

Mother died on December 27 at 9:50 p.m.

Throughout her transition, she listened to the *Relocation Theme* from *GOING HOME*. It was, perhaps, not coincidental that she died on the same day that I remembered our shared experience. It might have been her way of confirming to me that she had found her way to

Focus 27. Certainly, my trust in Spirit helped her and I give thanks for all who participated and assisted in the process—physical and nonphysical friends.

Writing in my journal that night with music playing in the background, I felt enfolded by Spirit. Mother was resting now in the Focus 27 Healing and Regeneration Center. Soon she would discover her freedom from physical constraints and limitations. Her life experience Here would have exquisite value for her continuing journey. I went to bed with an overwhelming sense of peace and feelings of gratitude for Mother's love and guidance throughout my life. At the same time, it was as if I'd lost a part of me—yet my Higher Self knew this was untrue. The separation is only physical, since we are truly one.

This personal experience reaffirmed the great value and importance of our *LIFELINE*[®] program. Since attending the inaugural *LIFELINE* in 1991, I have traveled the pathway to Focus 27, and later to the Healing and Regeneration Center, many times with frequent sidetrips into the vastness of Focus 27. Once this pathway is known, you are prepared for the task that all of us will eventually confront—dying physically.

Through *LIFELINE*, innumerable individuals from all walks of life have come to know that they survive physical death. *LIFELINE* was intentionally designed to be effective regardless of participants' specific beliefs and to instill knowledge through direct experience. The theme of the program is “service”—service to those who are no longer in physical existence and need help to detach from this Earth Life System. Those who have prepared themselves beforehand, or have been prepared by others, can more easily sever their physical ties. Once you have been in the Focus 27 energy, you know that an essential part of you exists There and that you are always connected to that part. The conscious awareness of being a part of the whole gives you freedom to experience the limitless being that you are and to live your life to the fullest. In this knowing, your appreciation of There transforms your physical life Here.

I encourage each of you to “find out for yourself” and to prepare for our ultimate encounter—the transition to There. What wonderful freedom, to Know that love—our purest energy—transcends the boundaries of time/space and that our core selves truly do survive physical death! See you in 27,

Laurie

Hemi-Sync[®] is a registered trademark of Interstate Industries, Inc.
© 1999 The Monroe Institute